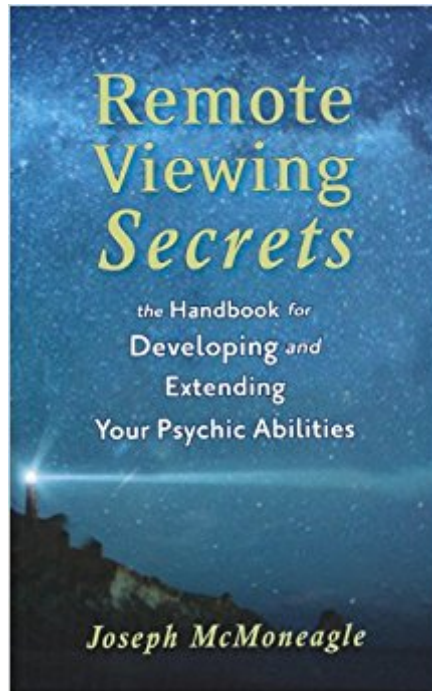




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# Remote Viewing Secrets: A Handbook



## Synopsis

Remote viewing is not simply using psychic ability to obtain information. It is using scientific protocol to develop and extend that ability, so that ordinary people can learn to do what "psychics" do. This book teaches you how to teach yourself. Joseph McMoneagle learned remote viewing in the U.S. Army--he was Remote Viewer #001 in the Army's Stargate program--and was awarded the Legion of Merit for his contribution to various intelligence operations. In *Remote Viewing Secrets*, the author of *Mind Trek* and *The Ultimate Time Machine* uses examples, exercises, and anecdotes to share what he learned and how he learned it, and gives you everything you need to begin developing your own abilities. *Remote Viewing Secrets* is easily the most complete, authentic, and informative guide to remote viewing published to date.

## Book Information

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## Customer Reviews

Joseph McMoneagle was one of the original remote viewers recruited into the military's Project Stargate, a once secret army project designed to use trained remote viewers for spying during the cold war. For the uninitiated, remote viewing (often referred to as RV) is a skill that allows a person (viewer) to envision events, people, or objects that are not within eyesight--in another room or in another country (and sometimes in the future). McMoneagle believes that anybody can be trained in remote viewing (no psychic gifts required). However, it requires a huge commitment and a highly disciplined mind. Using the analogy of martial arts, McMoneagle sees RV training in levels, starting with white belt where viewers can expect to see a gestalt (an overall impression) of a target. By the

time readers reach the red-black belt-great master, McMoneagle claims they will have gained "a near-perfect union of one's paranormal talent blended within extant reality. People who reach this level no longer have to think about it, they simply do." Although readers won't become a great master by reading this one book, McMoneagle does provide a comprehensive training program as well as important chapters on the ethics, protocol, and applications of remote viewing. --Tara West

"Remote viewing" is the ability to perceive psychically and describe unknown objects, people, places, or events. McMoneagle (Mind Trek, The Ultimate Time Machine), a former U.S. Army officer who worked for the Army Intelligence and Security Command (INSCOM), was recruited for the top-secret remote-viewing program known as STARGATE. Other books on this subject (e.g., Jim Schnabel's Remote Viewers, Dell, 1997; David Morehouse's Psychic Warrior, St. Martin's, 1996) are more biographical; McMoneagle instead offers basic definitions, examples, and qualifications that would be needed by the potential remote viewer. The second half of the book includes detailed training methods, technical applications, and protocols omitted in his previous titles. Because there is a lot of new information here, this is recommended for larger public and academic libraries.-Kimberly A. Bateman, Broward Cty. Lib., Deerfield Beach, FL Copyright 2000 Reed Business Information, Inc.

Joseph McMoneagle's books are absolutely the best I have read on remote viewing. I have read several of his books while doing research on the old Stargate military program of the 1990's. There are other remote viewers who were also involved with the program, but Joseph McMoneagle's accounts are my favorite research tools. This is fascinating.

If you really read this book and practice a lot, you can probably get some remote viewing going on. His style of writing was not comfy for me for whatever reason, but an interesting subject. I still think you have to have some psychic ability first for this to work, and I don't feel that many people "learn" to be psychic.

This book delivers a new level of understand of how remote viewing works. Learn the ups and downs associated with this technology. The program of remote viewing can offer amazing results for the military, or be an extraordinarily difficult experience for many. CIA or Special Forces may love this book for its insight and amazing knowledge by Joseph McMoneagle. The author is clearly one of the more gifted writers in America.

If you are interested in the nuts and bolts of remote viewing you need to read this book. It contains a huge amount of information on the protocols and procedures necessary for "successful" remote viewing sessions. While McMoneagle doesn't actually tell the reader how to do remote viewing, his breadth of experience is apparent in this detailed tome. Both beginning and experienced remote viewers will find useful tidbits and, indeed, "secrets" of the trade within these chapters. Everything from the selection of targets to the effects of sidereal time on viewing performance are covered here. Of course, every viewer, government-trained or otherwise, has their particular biases and superstitions about the "right" way to do remote viewing and McMoneagle is no exception. But given his lengthy experience and proven track record in so many scientific and televised demonstrations, it would be wise for viewers and intuitives of all persuasions to take heed and give his perspectives and suggestions some serious consideration. (Dr. Simeon Hein is the author of *Opening Minds: A Journey of Extraordinary Encounters, Crop Circles, and Resonance* (Mount Baldy Press, Inc., 2002).)

This is certainly a very well written book and I'm sure deserves 5 stars. It lays out in a very methodical way how Mr. McMoneagle developed the remote viewing program for the US Military and all aspects relating to how to pick candidates, remove biases in the process, how to evaluate results, etc. I'm going 4 stars just because it got to be a bit much for me, material-wise, but that is not a criticism of the book itself, just a personal preference.

Joseph McMoneagle has written an important book for anyone who is serious about remote viewing. Included are drawings showing the receptive skill expected at the different levels of remote viewing. The author points out the importance of being in the right state of mind and explains what is meant by that. He tells us what RV is best suited for and what it cannot be relied upon to do. He explains the traits that make a good remote viewer and who should not be a remote viewer. He goes into great detail about different protocols and methods used in RV. He describes some disciplines that seem to help support the mental control needed to do RV: lucid dreaming, out of body travel, relaxation, meditation and hypnosis. He addresses ethics in regards to RV and cautions about three common frauds in the paranormal arena: deliberate fraud, accidental fraud and self-delusion. He goes over the good and bad practices when developing your RV talent. He explains his views on how RV information might be received and how best to analyze and record it. There are photographic examples of what makes a good 'target'. He gives recommendations about training

with emphasis on reasonable expectations, and tells us how to set up our own training schedule. While McMoneagle's approach is heavy on protocol, he also has a lot of encouraging words for anyone who is naturally drawn to remote viewing. I consider 3 stars 'good' and 4 stars 'very good'. A book would have to be exceptional to get 5 stars from me.

I thought this was more about teaching techniques, but it seemed to show more about protocol, etc.

thank you... as promised

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